

PILGRIM PACK LIST

DAY PILGRIMS



Day pack

Sunscreen

Small bible

Sunhat

Mobile phone

Personal medication (if needed)

Camera

Lightweight waterproof jacket (and trousers if looking really wet)

Pen and notebook/journal

Energy snacks (Danny recommends jelly babies and fruitcake!!!)

Binoculars

Strong walking shoes and thick socks

Tissues

Walking stick (optional)

Filled water bottle

Small musical instrument (optional)

Packed lunch

Please wear light layers and avoid jeans as they don't dry out if wet!

£10-15 for food/drinks/travel

OVERNIGHT PILGRIMS

As above plus one **SMALL** bag that can be left in the support vehicle, containing:

Cozy slippers

Extra walking clothes

Towel and facecloth

Underwear and socks

Mobile phone charger

Non-walking clothes and shoes

Swimsuit (if staying at Oak Hall, Otford 27/28 May)

A warm fleece or jacket

Books you've been meaning to read

A sweater/cardigan

Cards/games to share

Toiletries, hairbrush/comb, hairdryer (if needed)

Travel wash and coat hanger

Nightclothes and dressing gown

Umbrella

iPOD/iPAD (optional)

Overnighters should also bring a wallet with cash or debit/credit card for paying accommodation and meals en route. You may also be requested to bring a sleeping bag and air mattress.

PLEASE DON'T BRING ANYTHING TOO VALUABLE AND, REMEMBER, PILGRIMS TRAVEL LIGHT!

PILGRIM GROUND RULES

Please make sure you're at the starting point on time

Make sure you sign a disclaimer form

Make sure we have your mobile number

Please wear your Journey of Faith lanyard to identify yourself as a St Stephen's pilgrim

Respect the need for quiet and reflection (and wear your sticker if you don't want to be disturbed)

Consider walking more slowly than you otherwise might

Please walk between those designated to be at the front and back

Let others know if you need help or want to finish walking early

Feel free to opt in or opt out of planned activities/talks/tours etc

Help cook, wash and tidy up if required

Look after yourself but also each other

The Servant Song

Brother, let me be your servant.
Let me be as Christ to you.
Pray that I might have the grace
To let you be my servant, too.

We are pilgrims on a journey.
We are brothers on the road.
We are here to help each other
Walk the mile and bear the load.

I will hold the Christ-light for you
In the night time of your fear.
I will hold my hand out to you;
Speak the peace you long to hear.

I will weep when you are weeping.
When you laugh, I'll laugh with you.
I will share your joy and sorrow
Till we've seen this journey through.

When we sing to God in heaven,
We shall find such harmony
Born of all we've known together
Of Christ's love and agony.

Brother, let me be your servant.
Let me be as Christ to you.
Pray that I might have the grace
To let you be my servant, too.